

## Heart of Sailing Montreal Inauguration

Heart of Sailing, in co-operation with Ynot Sailing and the Baie d'Urfé Yacht Club had its Montreal area debut on Wednesday morning (20<sup>th</sup> June 2007). Joseph, Vincent, Meliza, and their parents/caregivers embarked with captains Tony and Christian on an Introduction to Sailing voyage. An adventure of a lifetime that will be remembered by all for a long time.



Heart of Sailing, a non-profit organization, originated in France in 2001, expanded to the USA in 2004, and, with its inauguration in Baie d'Urfé, has started another expansion into Canada. Follow up activities are planned in Baie d'Urfé Yacht Club as well as Club Nautique de Deux Montagnes.

Heart of Sailing introduces sailing to children with development disabilities as a form of education and recreational therapy.



Here are the delighted youngsters receiving their certificates and medals.

You too can be involved in this very worthwhile and rewarding endeavour. There are many ways; donations (cash, lunches, sailing related material) or donate your time and use of your boat as a skipper.

To learn more visit website [www.heartofsailing.org](http://www.heartofsailing.org) or contact Ynot Sailing at 514-622-3397