

Raising Sails and Spirits at Sea



San Juan Capistrano residents Trevor, Joe and Dale Wood went out for a beautiful sail with Heart of Sailing a recent weekend, and had a wonderful adventure at sea, Dale reports.

"A few generous members of Dana Point Yacht Club donated their boats and services for the weekend to take children with special needs out on the water for several hours on a weekend.

George Saidah, Founder and Captain of Heart of Sailing provided lunch, certificates and a medal to each child as well as hands on sailing experiences. Trevor, a 13-year-old who has autism, enjoyed steering the 42-foot Catalina skippered by Kathy and Tom. (That's Trevor in the lifejacket with his family in the photos above.)

The other children helped hoist the sails and work the lines. We all said hello to the seals lounging on the bell buoy.

Paula donated a permanent sailboat to the group and regular sails will be available to children on weekends out of Dana Point in the future."

More information for events or donations is at www.heartofsailing.org

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